

Equine Workshops - 4th ECVSMR Scientific Meeting Thursday July 20, 2023

1. Equine Sports Medicine Workshop

Animated by Dr Valérie Deniau (DVM, Dipl. ECEIM, Clinique vétérinaire de Grosbois) and Dr Emmanuelle Van Erck-Westergen (DVM, Dipl. ECEIM, Dipl. ECVSMR; Equine Sports Medicine Practice) and supervised by Dr Virginie Coudry (DVM, Dipl. ACVSMR, Dipl. ECVSMR, ISELP Certif.; CIRALE-EnvA) and by Dr Aude-Gaëlle Heitzmann (DVM, ISELP Certif.).

At the Grosbois training center for racing trotters, the largest in Europe (bus transportation, about 15 km from Maisons-Alfort).

Included in the registration fees: bus transportation from, and back to, the Veterinary school, and lunch (back at the EnvA).

Limited to **30 participants**.

Departure-Return EnvA: 7h30-12h

Description:

Exercise testing: taking the guessing out to the game.

How do you know your equine athlete is fit to perform? How to be sure there is no underlying subclinical issue that could impact his performance? With smart wearable technology, field exercise testing has never been easier to implement. It is the best way to objectively assess athletic ability and help reduce injury.

Organization:

After a short introduction about the exercise tests and wearable technologies that can objectively assess the athletic fitness in racing and sport horses, the participants will be divided in 2 groups alternating throughout the workshop, in order to expose the use and interest of Dynamic Endoscopy Scope (DRS, MED EQUUS) and heart rate and rhythm monitoring (EQUIMETRE, ARIONE) in different situations:

- Dr Valérie Deniau will demonstrate the field exercise tests on a Standardbred horse on the racetrack,
- Dr Emmanuelle Van Erck-Westergen will demonstrate the tests and wearable technologies that can be used on a sport horse in the riding arena.

Program:

7h30 – Departure from EnvA to Grosbois training center

8h30 – 9h00: Welcome coffee and introduction at the business space (régie de Grosbois) – cour du chateau

9h00 – 10h00: *Group 1:* Exercise tests on the track (Standardbred) with Valérie Deniau

Group 2: Exercise tests on a sport horse with Emmanuelle Van Erck-Westergen

10h15-11h15: *Group 1:* Exercise tests on a sport horse with Emmanuelle Van Erck-Westergen

Group 2: Exercise tests on the track (Standardbred) with Valérie Deniau