

4th ECVSMR Scientific Meeting – 20-22 July 2023

- **Pr. Johannes Zwerver**



Johannes Zwerver MD PhD, (nickname Hans) is Professor of Sport & Exercise medicine at the University of Groningen in the Netherlands. He works as a specialized sports medicine physician at Sportsvalley in the Gelderse Vallei Hospital in Ede, which is one of the Dutch Olympic high performance centers. As a former team physician for professional football, basketball and Dutch cyclo-cross teams he has ample experience in working with both elite and recreational athletes. His research focusses on etiology, prevention, diagnosis and management of (overuse) injuries, especially tendon problems.

He defended his thesis on Patellar Tendinopathy in 2010. Main study was a multicenter RCT investigating the effectiveness of ESWT in athletes with patellar tendinopathy (TOPGAME study). After this he was the project leader of several RCT's investigating exercise and treatment intervention in athletes with (patellar) tendinopathy. More recently he participated in the Jumper study, a RCT comparing effectiveness of progressive tendon loading exercises to eccentric training in athletes with patellar tendinopathy.

Prof Zwerver chaired the 5th International Scientific Tendinopathy Symposium in The Netherlands in 2018 and initiated international collaboration to achieve consensus on various tendinopathy topics. He (co) authored more than 100 peer reviewed papers and book chapters and is editor of an international book on Imaging of Sports Injuries.